**CURRICULUM VITAE**

**Jennifer Dickman Portz, PhD, MSW**

Assistant Professor and Director of Qualitative Research

Division of General Internal Medicine

Department of Medicine

University of Colorado School of Medicine

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**EDUCATION**

 2018 Interprofessional Certificate in Palliative Care, School of Medicine, University of Colorado

 2013 Doctor of Philosophy, Graduate School of Social Work, University of Denver

 2007 Master of Social Work, Graduate School of Social Work, Boston College

 2004 Bachelor of Arts in Anthropology, University of Denver

**ACADEMIC POSITIONS**

 2018-present Assistant Professor, Division of General Internal Medicine, School of Medicine, University of Colorado

 2018-present Director of Qualitative Research, Division of General Internal Medicine, School of Medicine, University of Colorado

 2018-present Assistant Professor, Colorado School of Public Health, University of Colorado

 2013-present Affiliate Investigator, Institute for Health Research, Kaiser Permanente Colorado

 2013-2018 Assistant Professor, School of Social Work, Colorado State University

 2016-2018 Aging Palliative Care Research Fellow, School of Medicine, University of Colorado

 2005-2013 Adjunct Faculty, Graduate School of Social Work, University of Denver

 2011-2012 Adjunct Faculty, Department of Social Work, Metropolitan State University of Denver

**OTHER PROFESSIONAL POSITIONS**

 2007-2013 Project Coordinator, Institute for Health Research, Kaiser Permanente, Denver, CO

 2006-2007 Social Worker, Springwell, Area Agency on Aging, Watertown, MA

 2005-2006 Social Worker, American Red Cross of Massachusetts Bay, Boston, MA

 2004-2005 Family Case Coordinator, Developmental Pathways, Englewood, CO

**HONORS AND AWARDS**

 2023 Journal of Social Work in End-of-Life & Palliative Care, Best Article Award

 2023 Palliative Care Research Cooperative Group, Mentorship Selective Program, participant

 2022 MCC Scholar, HCSRN and OAIC AGING-Initiative, National Institute on Aging

 2021 Division of General Internal Medicine, Research Excellence Award, University of Colorado

 2020 Palliative Care Research Cooperative Group, ADRD Clinical Trial Intensive, participant

 2019 Women in Medicine and Science, Women's Leadership Trainee, University of Colorado

 2019 Social Work Palliative Care and Hospice Network, Award for Excellence in Psychosocial Research, Orlando, FL

 2019 Palliative Care Research Cooperative Group, Clinical Trial Intensive, participant, San Francisco, CA

 2018 American Heart Association Academic Leadership Program, invited, Salt Lake City, UT

 2018 Division of General Internal Medicine, Research Excellence Award, University of Colorado

 2017 Tenure Track Faculty Teaching Excellence Award, nominee, College of Health and Human Sciences

 2016 American Congress of Rehabilitation Medicine, 2nd Place, Best Scientific Poster Award, Chicago, IL

 2011 Enid O. Cox Aging Research Doctoral Fellowship, School of Social Work, University of Denver

 2010 Graduate Studies Doctoral Fellow, University of Denver

 2010 Provost’s Doctoral Fellowship for Inclusive Excellence, University of Denver

 2009 Graduate Studies Doctoral Fellow, University of Denver

 2009 Scholarship Recipient, Van R. Johnson Sutter Scholarship, Sutter Health

 2006 Scholar Award, John A. Hartford Partnership Program for Aging Education, Boston College

 2004 Honor Student, Rho Lambda Honor Society, University of Denver

**PUBLISHED WORKS**

**Book Chapters:**

1. **Portz, J.D.,** and Lakin, J.R. (in press). Chapter 1: Interprofessional Teamwork in Palliative Care. In *Textbook on Interprofessional Palliative Care.* Volume Editors Donesky, D., Wallace, C., Saks, N., Milic, M., and Head, B.
2. Knoepke, C., **Portz, J.D.,** Bull, S, Thomas, G., and Ho, M. (2022). Real World Evidence: Mobile Health. In *NIH Pragmatic Trials Collaboratory Coordinating Center Living Textbook.* <https://rethinkingclinicaltrials.org/chapters/conduct/real-world-evidence-mobile-health-mhealth/pragmatic-mhealth-introduction/>

**Refereed Journal Articles:**

1. Jones, C. D., Moss, A., Sevick, C., Roczen, M., Sterling, M. R., **Portz, J.,** Lum, H. D., Yu, A., Urban, J. A., & Khazanie, P. (2023). Factors Associated with Mortality and Hospice Use Among Medicare Beneficiaries With Heart Failure Who Received Home Health Services. Journal of cardiac failure, S1071-9164(23)00921-1. Advance online publication. <https://doi.org/10.1016/j.cardfail.2023.11.019>
2. **Portz, J.D.,** Schmid, A.A., Fruhaf, C.A., Fox, A.L. *†*, Van Puymbroeck, M., Sharp, J., and Leach, H.J. (2023). Acceptability of an Online Yoga among Individuals with Chronic Conditions and their Caregivers: A Qualitative Study. *Journal of Medical Internet Research: Formative Research.* 7, e39158
doi: [10.2196/39158](https://doi.org/10.2196/39158)
3. Leach, H.J., Hidde, M.C., **Portz, J.D.,** Van Puymbroeck, M., Sharp, J.L., Fox, A.L. *†*, Schmid, A.A., & Fruhauf, C.A. (2023). Matching exercise volume in active control groups for yoga interventions. Alternative Therapies in Health and Medicine, *29*(6), 237–241.
4. Boxer, R. S., Daddato, A. E., Jessen, A., **Portz, J. D.,** & Shetterly, S. (2023). Hospitalizations of Caregivers Increases Risk of Hospitalization for Patients Living with Dementia. Journal of general internal medicine, *38*(2), 502–507. <https://doi.org/10.1007/s11606-022-07902-w>
5. McCarthy, V., **Portz, J.,** Fischer, S. M., Greenway, E., Johnson, R. L., Knoepke, C. E., Matlock, D. D., Omeragic, F., Peterson, R. A., Ranney, M. L., & Betz, M. E. (2023). A Web-Based Decision Aid for Caregivers of Persons With Dementia With Firearm Access (Safe at Home Study): Protocol for a Randomized Controlled Trial. *JMIR Research Protocols*, *12*, e43702. <https://doi.org/10.2196/43702>
6. Fox, A. L. *†*, Swink, L. A. *†*, Prabhu, N., Fruhauf, C. A., **Portz, J. D.,** Van Puymbroeck, M., Sharp, J. L., Leach, H. J., & Schmid, A. A. (2022). Manual development for a multi-modal, dyadic intervention for persistent pain: A Qualitative Study. *British journal of pain*, *16*(5), 481–489. <https://doi.org/10.1177/20494637221090461>
7. Villalobos, J. P. *†*, Bull, S. S., & **Portz, J. D.** (2022). Usability and Acceptability of a Palliative Care Mobile Intervention for Older Adults With Heart Failure and Caregivers: Observational Study. *JMIR aging*, *5*(4), e35592. <https://doi.org/10.2196/35592>
8. Casillas, A., Valdovinos, C., Wang, E., Abhat, A., Mendez, C., Gutierrez, G., **Portz, J.,** Brown, A., & Lyles, C. R. (2022). Perspectives from leadership and frontline staff on telehealth transitions in the Los Angeles safety net during the COVID-19 pandemic and beyond. *Frontiers in digital health*, *4*, 944860. https://doi.org/10.3389/fdgth.2022.944860
9. **Portz, J. D.,** Powers, J. D., Baldwin, M., Gleason, K., Casillas, A., Bekelman, D. B., Boxer, R., Bayliss, E., & Palen, T. E. (2022). How can patient portals support caregivers of older adults near the end-of-life? A mixed-methods study. *Journal of the American Geriatrics Society*, *70*(8), 2431–2435. <https://doi.org/10.1111/jgs.17818>
10. Plys, E. *†*, Smith, R., & **Portz, J. D.** (2022). "You Lose Some Good Friends": Death and Grief in Assisted Living. *Journal of social work in end-of-life & palliative care*, *18*(2), 160–176. <https://doi.org/10.1080/15524256.2022.2050339>
11. **Portz, J. D.,** Graney, B. A., & Bekelman, D. B. (2022). "Made Me Realize That Life Is Worth Living": A Qualitative Study of Patient Perceptions of a Primary Palliative Care Intervention. *Journal of palliative medicine,* 10.1089/jpm.2021.0015. Advance online publication. <https://doi.org/10.1089/jpm.2021.0015>
12. Plys, E. *†*, Morrow, C. D., **Portz, J. D.,** Jones, C. D., Piper, C., & Boxer, R. S. (2022). Psychological Interventions with Older Adults During Inpatient Post-Acute Rehabilitation A Systematic Review. *Rehabilitation Psychology.* 66(3):233-247.doi: [10.1037/rep0000383](https://doi.org/10.1037/rep0000383) PMID: 34472922
13. Casillas, A., Abhat, A., Vassar, S. D., Huang, D. Y., Mahajan, A. P., Simmons, S., Lyles, C., **Portz, J.,** Moreno, G., & Brown, A. F. (2021). Not Speaking the Same Language-Lower Portal Use for Limited English Proficient Patients in the Los Angeles Safety Net. *Journal of health care for the poor and underserved*, 32(4), 2055–2070. <https://doi.org/10.1353/hpu.2021.0182>
14. Gibson BA, Puymbroeck MV, Fruhauf CA, Schmid AA, **Portz JD.** (2021). Yoga for caregiving dyads experiencing chronic pain: Protocol development for merging yoga and self‑management to develop skills intervention. *International Journal of Yoga*; 14:256-60. [10.4103/ijoy.ijoy\_93\_21](https://doi.org/10.4103/ijoy.ijoy_93_21)
15. Ingle, M. P. *†*, Valdovinos, C. *†*, Ford, K. L. *†*, Zhou, S., Bull, S., Gornail, S. *†*, Zhang, X., Moore, S., & **Portz, J.** (2021). Patient Portals to Support Palliative and End-of-Life Care: Scoping Review. Jou*rnal of medical Internet research,* 23(9), e28797. <https://doi.org/10.2196/28797>
16. **Portz, J. D.,** Powers, J. D., Casillas, A., Baldwin, M., Bekelman, D. B., Palen, T. E., Bull, S., Kutner, J. S., & Bayliss, E. (2021). Characteristics of Patients and Proxy Caregivers Using Patient Portals in the Setting of Serious Illness and End of Life. *Journal of palliative medicine,* 10.1089/jpm.2020.0667. Advance online publication. <https://doi.org/10.1089/jpm.2020.0667>
17. Ford, K. *†*, **Portz, J.D.,** Zhou, S., Gornail, S., Moore, S., Zhang, X., Bull, S. (2021). Benefits, facilitators, and recommendations for digital health academic-industry collaboration: a mini review. 15;3:616278. *Frontiers Digital Health.* <https://doi.org/10.3389/fdgth.2021.616278>
18. Plys, E. *†*, Beam, R.,Boxer, R. S., & **Portz, J. D.** (2021). Behavioral health services in skilled nursing facilities: A qualitative study of clinicians and administrators.*Clinical Gerontologist*. 45(5):1189-1200. [10.1080/07317115.2021.1937425](https://doi.org/10.1080/07317115.2021.1937425)
19. **Portz, J.D.,** Powers, J.D., Baldwin, M., Bekelman, D.B., Casillas, A., Kutner, J.S., Bayliss, E. (2021). Patient Portal Use Near the End-of-Life. *Journal of General Internal Medicine.* [*https://doi.org/10.1007/s11606-020-06333-9*](https://doi.org/10.1007/s11606-020-06333-9)
20. Rose, C. M., Alter, K. E., **Portz, J. D.,** Andrews, A. P., & Schmid, A. A. (2021). Participant-perceived occupational outcomes after two years of yoga for chronic pain. *British Journal of Occupational Therapy.* [*https://doi.org/10.1177/0308022620985779*](https://doi.org/10.1177/0308022620985779)
21. **Portz, J.D.,** Brungardt, A., Shanbhag P., Staton, E.W., Bose-Brill, S., Lin, C.T., Kutner, J.S., Lum, H.D. (2020). Advance care planning among users of a patient portal during the COVID-19 Pandemic: A retrospective observational study. *Journal of Medical Internet Research.* 22(8): e21385. doi: 10.2196/21385 <https://www.jmir.org/2020/8/e21385/>
22. **Portz, J.D.,** Ford, K.L. *†*, Elsbernd, K. *†*, Knoepke, C.E., Flint, K., Bekelman, D.B., Boxer, R.S., Bull, S. (2020). “I like the idea of it…but probably wouldn’t use it”: A Qualitative Study of Health Care Provider Perspectives of Heart Failure mHealth. *JMIR Cardio.* 4(1):e18101. doi: 10.2196/18101 <https://cardio.jmir.org/2020/1/e18101/>
23. **Portz, J. D.,** Ford, K. L., Doyon, K., Bekelman, D. B., Boxer, R. S., Kutner, J. S., Czaja, S., & Bull, S. (2020). Using Grounded Theory to Inform the Human-Centered Design of Digital Health in Geriatric Palliative Care. *Journal of Pain and Symptom Management*. Dec;60(6):11811192.e1. <https://doi.org/10.1016/j.jpainsymman.2020.06.027>
24. Zhou, S; Levinson, A., Zhang, X. **Portz, J.D.,** Moore, S, Gore, O., Ford, K. *†* Li, Q. Bull, S. (2020). A Pilot Study and Ecological Model of Smoking Cues to Inform mHealth Strategies for Quitting among Low-income Smokers. *Health Promotion Practice.* <https://doi.org/10.1177/1524839920942214>
25. Moore, S.L., **Portz, J.D.,** Santodomingo, M. *†*, Elsbernd, K. *†*, McHale, M., Massone, J. (2020). Using Telehealth for Hospice Reauthorization Visits: Results of a Quality Improvement Analysis. 60(3):e22-e27. *Journal of Pain and Symptom Management.* [*https://doi.org/10.1016/j.jpainsymman.2020.06.002*](https://doi.org/10.1016/j.jpainsymman.2020.06.002)
26. **Portz, J.D.,** Lum, H., Bull, S., Boxer, R., Bekelman, D. Ford, K., Gleason, K., Casillas, A., Bayliss, E. (2020). Perceptions of Patient Portal Use for Advance Directives among Older Adults with Multiple Chronic Conditions. *Journal of Social Work Hospice and End-of-Life Care.* <https://doi.org/10.1080/15524256.2020.1771806>
27. Casillas, A. Cemballi, A.G., Abhat, A., Lemberg, M., **Portz, J.D.,** Sadasivaiah, S., Ratanawongsa, N., Semere, W., Brown, A., Lyles, C. (2020). An Untapped Potential in Primary Care? Making Patient Portals work for Caregivers in the Safety-net. *Journal of Medical Internet Research.* *22*(7), e18466. doi: 10.2196/18466 <https://www.jmir.org/2020/7/e18466>
28. Andrews, A.P. *†*, Atler, K.E., **Portz, J.D**., Van Puymbroeck, M., Rose, C.M., & Schmid, A.A. (2020). Occupational therapist's use of yoga in post-stroke care: A descriptive qualitative study. *British Journal of Occupational Therapy.*<https://doi.org/10.1177/0308022620910371>
29. **Portz, J.D.,** Elsbernd, K., Plys, E. *†*, Ford, K.L. *†*, Zhang, X., Gore, M., Moore, S.L., Zhou, S., Bull, S. (2020). Elements of Social Convoy Theory in mHealth for Palliative Care: A Scoping Review.*JMIR mHealth and uHealth.* 6;8(1):e16060. doi: 10.2196/16060.
30. Schmid, A.A., Van Puymbroeck, M., Fruhauf, C.A, Swink, L.A. *†*, & **Portz, J.D.** (2019). Balance and Fall Rates are Associated with Chronic Pain, and Improve with Yoga. OBM Geriatrics (Special Issue on Fall Prevention) 3(4): 14. doi:10.21926/obm.geriatr.1904087
31. Ford, K.L., Moore, S.L., Zhang, X., **Portz, J.D.,** Gore, M., Moore, S.L., Zhou, S., Bull, S. (2019). Advancing Evidence-Based Digital Health Through an Innovative Research Environment: An Academic-Industry Partnership Case Report. *mHealth.* 5:37. doi: 10.21037/mhealth.2019.08.08.
32. **Portz, J.D.,** Ford, K. *†*, Bekelman, D.B., Boxer, R.S., Kutner, J.S., Czaja, S., Elsbernd, K. *†*, Bull, S. (2019). “We’re taking something so human and trying to digitize”: Provider Recommendations for mHealth in Palliative Care. *Journal of Palliative Medicine.* 23(2):240-247. doi: 10.1089/jpm.2019.0216
33. Schmid, A.A., Bair, M.J., Fruhauf, C., **Portz, J.D.** Van Puymbroeck, M. (2019). Yoga for people with chronic pain in a community-based setting: A pilot RCT. *Journal of Evidence-Based Integrative Medicine.* 24:2515690X19863763. doi: 10.1177/2515690X19863763.
34. **Portz, J.D.,** Fruhauf, C., Bull, S., Boxer, R., Bekelman, D., Casillas, A., Gleason, K., Bayliss, E. (2019). "Call a Teenager… that’s what I do!”: Grandchildren Help Older Adults Use New Technologies. *Journal of Medical Internet Research Aging.* 2(1):e13713. doi: 10.2196/13713.
35. Schmid, A.A., Van Puymbroeck, M., Fruhauf, C., Bair, M.J. **Portz, J.D.** (2019). Yoga improves occupational performance, depression, and daily activities for people with chronic pain. *Work*. 63(2):181-189. doi: 10.3233/WOR-192919.
36. **Portz, J.D.,** Bayliss, E., Bull, S., Boxer, R., Bekelman, D., Gleason, K., Czaja, S. (2019). Using the Technology Acceptance Model to Explore User Experience, Intent to Use, and Use Behavior of a Patient Portal among Older Adults with Multiple Chronic Conditions: A Descriptive Qualitative Study. *Journal of Medical Internet Research.* 21(4):e11604. doi: 10.2196/11604.
37. **Portz, J.D.**, and LaMendola, W.F. (2019). Participation, Retention, and Utilization of a Web-Based Chronic Disease Self-Management Intervention Among Older Adults. *Telemedicine and eHealth.* 25(2):126-131. doi: 10.1089/tmj.2017.0208.
38. Bolster, R. *†*, Atler, K.E., **Portz, J.,** Van Puymbroeck, M., Hinsey, K. & Schmid, A.A (2018). MY-OT for people with chronic stroke: Effect on community reintegration and perceived activity constraints. *American Journal of Recreation Therapy.* 17(2) 20-26. doi: 10.5055/ajrt.2018.0158
39. **Portz, J.D.,** Cognetta, S., and Bekelman, D. (2018). Potential Technology Development for Palliative Care. *Journal of Palliative Medicine.* 21(7):899-900. doi: 10.1089/jpm.2018.0126.
40. Schmid, A.A., Atler, K.E., Malcolm, M.P. Grimm, L.A., Klinedinst, T.C., Marchant, T.P., Marchant, D.R., **Portz, J. D.** (2018). Yoga improves quality of life and fall risk-factors in a sample of people with chronic pain and Type 2 Diabetes. *Complementary Therapies in Clinical Practice.* 31:369-373. doi: 10.1016/j.ctcp.2018.01.003
41. Van Puymbroeck, M., Atler, K., **Portz, J.D.,** Schmid, A.A. (2018). Multidimensional improvements in health following yoga for individuals with diabetic peripheral neuropathy. *International Journal of Yoga Therapy.* 28(1):71-78. doi: 10.17761/2018-00027.
42. **Portz, J.D.,** Kutner, J.S., Blatchford, P.J. Blatchford, Ritchie, C.L. (2017). High Symptom Burden and Low Functional Status in The Setting of Multimorbidity. *Journal of the American Geriatrics Society.* doi:10.1111/jgs.15045.
43. **Portz, J.D.,** Vehovec, A., Dolansky, Levin, J.B, Bull, S., Boxer, R. (2017). The Development and Acceptability of a Mobile Application for Tracking Symptoms of Heart Failure among Older Adults. *Telemedicine and eHealth.* doi: 10.1089/tmj.2017.0036.
44. **Portz, J.D.** (2017). A Review of Web-Based Chronic Disease Self-Management for Older Adults. *Gerontechnology.*16(1): 12-20. doi: doi.org/10.4017/gt.2017.16.1.002.00.
45. Wright, L., King, D., Retrum, J, Helander, K., Wilkins, S., Boggs, J., **Portz, J.D.,** Nearing, K., Gozansky, W. (2017). Lessons Learned from Community-Based Participatory Research: Establishing a Partnership to Support Lesbian, Gay, Bisexual and Transgender Aging-in-Place. *Family Practice.* doi:10.1093/fampra/cmx005
46. Atler, K.E. Van Puymbroeck, M., **Portz, J.D.,** Schmid, A.A. (2017). Outcomes of a multimodal group self-management intervention for fall prevention: Qualitative perspectives on MY-OT among people post stroke. *British Journal of Occupational Therapy.* 80(5): 294-301. doi. 10.1177/0308022617690536
47. Waddington, E. *†*, Fuller, R. *†*, Barloon, R. *†*, Comiskey, G. *†*, **Portz, J.D.**, Holmquist-Johnson, H., Schmid, A.A. (2016). Staff Perspectives Regarding the Implementation of a Yoga Intervention with Chronic Pain Self-Management in a Clinical Setting. *Complementary Therapies in Clinical Practice.* 26,12**-**20. doi: 10.1016/j.ctcp.2016.10.004.
48. Boggs, J.M., **Portz, J.D.,** King, D., Wright, L.A., Grimm, C., Helander, K., Retrum, J.H., and Gozansky, W.S. (2016). A qualitative investigation of LGBT older adults’ perspectives on aging in place. *Journal of Homosexuality.* doi: 10.1080/00918369.2016.1247539.
49. **Portz, J.D.,** Waddington, E. *†*,Atler, K,Van Puymbroeck, M., and Schmid, A.A. (2016). Self-Management and Yoga for Older Adults with Chronic Stroke: A Mixed-Methods Study of Physical Fitness and Physical Activity. *The Clinical Gerontologist.* doi: 10.1080/07317115.2016.1252453
50. Schmid, A.A., Van Puymbroeck, M., **Portz, J.D.,** and Atler, K.E., Fruhauf, C. (2016). MergingYoga and Occupational Therapy (MY-OT): A Feasibility and Pilot study. *Journal of Complementary Therapies in Medicine.* 28, 44-9. doi: 10.1016/j.ctim.2016.08.003
51. **Portz, J.D.,** Miller, A. *†*, Foster, B. *†*, and Lauderman, L. *†* (2016). Persuasive Features in Health Information Technology Interventions for Older Adults with Chronic Diseases: A Systematic Review. *Health and Technology,* 6(2) 89-99. doi:10.1007/s12553-016-0130
52. Bredfeldt, C., Altschuler, A., Adams, A.S., **Portz, J.D.,** and Bayliss, A.E. (2015). Patient reported outcomes for diabetic peripheral neuropathy. *Journal of Diabetes and Its Complications*, 29(8), 1112-1118. doi: 10.1016/j.jdiacomp.2015.08.015
53. Polsky, S., Donahoo, W.T., Lyons, E.E., Funk, K., Williams, R., Arterburn, D., **Portz, J.D.,** and Bayliss, E., (2015). An evaluation of care management intensity and bariatric surgical weight loss. *American Journal of Managed Care*, 21(3) 182-189
54. Arterburn, D., Powers, J.D., Toh, S., Polsky, S., Butler, M.G., Portz, J.D., Donahoo, W.T., Herrinton, L., Williams, R., Vijayadeva, V., Fisher, D., Bayliss, E. (2014). Comparative effectiveness of laparoscopic adjustable gastric banding versus laparoscopic gastric bypass in 10 health systems. *JAMA Surgery,* 149(12), 1279-1287.doi:10.1001/jamasurg.2014.1674
55. **Portz, J. D.,** Retrum, J. H., Wright, L. A., Boggs, J. M., Wilkins, S., Grimm, C., and Gozansky, W. S. (2014). Assessing Capacity for Providing Culturally Competent Services to LGBT Older Adults. J*ournal of Gerontological Social Work*, 57, 305-321. doi: 10.1080/01634372.2013.857378
56. King, D, Toobert, D.J., **Portz, J.D.**, Strycker, L.A., Doty, A., Martin, C., Boggs, J.M., Faber, A., Geno, C.R., Glasgow, G.E. (2012). What patients want: Relevant health information technology for diabetes self-management. *Health and Technology*, 2(3), 147-157. doi: 10.1007/s12553-012-0022-7.
57. Glasgow, R.E., Kurz, D., **Dickman, J.M,** Osuna, D., Strycker, L.A., & King, D. (2012)a. Linking Internet-based diabetes self-management to primary care: Lessons learned and implications for research translation and practice implementation.  *Translational Behavioral Medicine: Practice, Policy and Research*, 2, 1-9. doi: 10.1007/s13142-012-0109-8
58. Glasgow, R.E., Kurz, D., D., King, **Dickman, J.M.,** Faber, A., Halterman, E., T., Toobert, D.J., Strycker, L.A., Estabrooks, P.A., Osuna, D., & Ritzwoller, D. (2012)b. Twelve-month outcomes of an Internet-based diabetes self-management support program. *Patient Education and Counseling*, 87(1):81-92. doi: 10.1016/j.pec.2011.07.024
59. Glasgow, R.E., Christensen, S.M., Kurz, D., King, D., Woolley, T., Faber, A., Estabrooks, P.A., Strycker, L.A., Toobert, D.J., & **Dickman, J.M.** (2011)a. Engagement in diabetes self-management website: Usage patterns and generalizability of program use. *Journal of Medical Internet Research*, 13(1):e9. doi:10.2196/jmir.1391
60. Glasgow, R.E., Kurz, D., King, D., **Dickman, J.M**., Faber, A., Halterman, E., Woolley, T., Toobert, D.J., Strycker, L.A., Estabrooks, P.A., Osuna, D., & Ritzwoller, D. (2011)b. Outcome of minimal and moderate support versions of an Internet-based diabetes self-management support program. *Journal of General Internal Medicine*, 25(12): 1315-1322. doi:10.1007/s11606-010-1480-0
61. Glasgow, R.E., Strycker, L.A., Kurz, D., Faber, A., Bell, H., **Dickman, J.M**., Halterman, E., Estabrooks, P.A., & Osuna, D. (2010). Recruitment for an Internet-based diabetes self-management program: Scientific and ethical implications. *Annals of Behavioral Medicine*, 40(1): 40-48. doi: 10.1007/s12160-010-9189-1

**Articles Under Review:**

1. Schmid A.A., Fruhauf C., Fox, A., Sharp J.L., **Portz J.D.,** Leach H., Van Puymbroeck, M. (in review). Merging Yoga and Self-management Skills (MY-Skills): A Feasibility and Pilot Study. *Integrated Medicine Reports.*
2. Wan, S., Kutner, J.S., Fischer, S., Knoepke, C., Powers, J.D., **Portz, J.D.** (revise and resubmit) Association between Patient Portal Activities and End-of-Life Outcomes among Deceased Patients in the Last 12 Months of Life. *Journal of Palliative Medicine.*

**CONTRACTS & GRANTS**

**Externally-Funded Projects as PI**

2018-2024 Social Convoy Palliative Care (Convoy-Pal) Mobile Health for Older Adults with Advanced Heart Failure

 Role: Principal Investigator

 Mentors: Sheana Bull, PhD MPH, Rebecca Boxer, MD, David Bekelman, MD, MPH

 Advisors: Jean Kutner, MD, MPH, Sara Cjaza, PhD, Audrey Shillington, PhD

 National Institute on Aging: Beeson Emerging Leaders Career Development Award in Aging (K76AG059934)

 $889,612

2023-2024 Leveraging Patient Portals to Support Caregivers

 Role: Principal Investigator

 Co-Investigator: Rebecca Boxer, MD

 AI/Tech and Aging Center a2Pilot Award (P30AG073105)

 $163,873

2020-2024 Mobile Health for Older Adults with Heart Failure

 Role: Principal Investigator

 National Institute of Health, Loan Repayment Program (LRP), Clinical Scientist Award

 Renewal Loan Repayment Program (LRP), Clinical Scientist Award

 4 Years of Student Loan Payments

2019-2021 Examining the Utility of Patient Portals in the Setting of Serious Illness and End-of-Life

 Role: Principal Investigator

 Co-Investigators: Elizabeth Bayliss, MD, MPH, David Bekelman, MD, MPH, Sheana Bull, PhD, MPH

 Palliative Care Research Cooperative Group (NINR U2CNR014637)

 PCRC Pilot Grant 2019-01p

 $75,000

2019-2021 Utility of Patients Portals at the End of Life among Older Adults with Multiple Chronic Conditions and their Proxy Caregivers: A Mixed Methods Study

 Role: Principal Investigator

 Co-Investigators: Charlene Quinn, RN, PhD, Elizabeth Bayliss, MD, MPH, David Bekelman, MD, MPH

Health Care Systems Research Network (HCSRN)-Older Americans Independence Centers (OAICs) AGING Initiative (NIA R33AG057806) “P-2-R” (Pilot-to-R) Award Program

$39,993

2018-2018 Cardiovascular Digital Health: The Social Convoy Heart Failure Symptom Tracker

 Role: Principal Investigator

 Mentors: Sheana Bull, PhD MPH, Rebecca Boxer, MD, David Bekelman, MD, MPH

 Advisors: Jean Kutner, MD, MPH, Sara Cjaza, PhD, Audrey Shillington, PhD

 American Heart Association Junior Faculty Career Development Award (18CDA34110092)

 $206,000

2016-2017 Community Engagement Policy Practice at Colorado State University

 Role: Principal Investigator

 Council on Social Work Education

 $10,000

**University-Funded Awards:**

2023-2024 A Mobile Intervention Merging Yoga and Self-Management Skills (MY-Skills Mobile) for Managing Symptoms of Long COVID

 Role: Principal Investigator

 UCHealth Integrated Medicine Center, University of Colorado School of Medicine

 $10,000

2021-2022 A Mobile Intervention Merging Yoga and Self-Management Skills (MY-Skills Mobile) for Older Adults with Multiple Chronic Conditions

 Role: Principal Investigator

 Division of General Internal Medicine, University of Colorado School of Medicine

 $22,500

2019-2020 mHealth Development for Apathy among Patients with Mild Cognitive Impairment and their Care Partners

 Role: Principal Investigator

 Division of General Internal Medicine, University of Colorado School of Medicine

 $22,500

2016-2017 High Impact Experiential Learning: Policy Practice

 Role: Principal Investigator

 Colorado State System Academic Collaborations

 $5,400

2015-2016 Self-Management and Yoga After Chronic Pain

 Co-Principal Investigator: Arlene Schmid, PhD (CSU)

 Role: Co-Principal Investigator

 Colorado State University Prevention Research Center

 $30,000

**Externally-Funded Projects as Co-Investigator:**

2022-2027 High Value Home Health Care for Veterans

 Role: Co-Investigator

 PI: Jones, Christine (VA)

 VA Health Services Research and Development (I01HX00336001A2)

2022-2023 Evaluation of the Community Development and Prevention Program

 Role: Co-Investigator, qualitative expert

 PI: Orsi, Becky, PhD (Kempe Center)

 Arapahoe County Division of Child Protective Services

 $71,946

2022-2023 TRU Community Care Hospice Telehealth Pilot

 Role: Co-Investigator

 Co-Principle Investigators: Michael McHale, MD and Susan Moore, PhD

 Next Fifty Initiative

 $25,000 (Subcontract)

2021-2024 "Safety in Dementia": An Online Caregiver Intervention

 Role: Co-Investigator

 PI: Betz, Mariam

 National Institutes of Health, NIA (R01AG076364)

 $1,718,886

2021-2026 An Adaptive Physical Activity Maintenance Intervention for Cancer Survivors

 Role: Co-Investigator

 PI: Heather Leach, PhD (CSU)

 National Institutes of Health, NCI (R21CA256656-R33)

 $4,559 (Subcontract)

2018-2021 Merging Yoga and self-management to develop Skills (MY-Skills)

 Role: Co-Investigator

 Principle Investigators: Christine Fruhauf, PhD, and Arlene Schmid, PhD (CSU)

  National Center for Complementary and Integrative Health (R34AT009688)

 $61,000 (Subcontract)

2018-2019 Non-Inferiority Study of Telehealth vs. Face to Face for Hospice Reauthorization Visits.

 Role: Co-Investigator

 Co-Principle Investigators: John Massone, MD and Susan Moore, PhD

 Next Fifty Initiative

 $15,000 (Subcontract)

2014-2015 Merging Yoga and Group Occupational Therapy (MY-OT)

 Role: Co-Investigator

 Principal Investigator: Arlene Schmid, PhD (CSU)

 American Occupational Therapy Foundation (AOTFIRG13)

 $48,000

**Competitive Dissertation Funding:**

2012-2013 Aging and Technology Perspectives of Web-Based Chronic Disease Self- Management

 Role: Principal Investigator

 Graduate School of Social Work, University of Denver

 $3,000

2012-2013 Aging and Technology Perspectives of Web-Based Chronic Disease Self-Management

 Role: Principal Investigator

 Department of Graduate Studies, University of Denver

 $2,500

**Externally-Funded Projects in role other than PI or Co-I:**

2018-2020 The IMPACT: IMPlementation to Achieve Clinical Transformation K12

 Role: K12 Scholar (Funded- Award declined)

 Principle Investigator: Russell Glasgow, PhD (University of Colorado)

 National Heart, Lung, and Blood Institute (K12HL137862)

 $240,000 (individual scholar award amount)

2016-2018 Multidisciplinary Research Training in Palliative Care

 Role: T32 Post-Doctoral Fellow

 Principle Investigator: Jean Kutner, MD, MSPH (University of Colorado)

 Mentors: Sheana Bull, PhD, Rebecca Boxer, MD, and David Bekelman, MD (CU)

 National Institute on Aging (T32AG044296)

 $123,000 (individual fellow award amount)

2012-2013 Obesity in Colorado: A New System for Monitoring Interventions

Principal & Co-Investigators: Matthew Daley, M.D. (KPCO), Michael Kahn, M.D., Ph.D. (Colorado Children’s Hospital), Art Davidson, M.D., M.S.P.H. (Denver Health), and Deborah Thomas, Ph.D. (University of Colorado Denver)

Role: Project Coordinator

The Colorado Health Foundation

2012-2013 Increasing Access to Relapse Prophylaxis in Major Depressive Disorder with Electronic Mindfulness Based Cognitive Therapy (eMBCT)

Principal & Co-Investigators: Zindel V. Segal, Ph.D.(University of Toronto), Arne Beck, Ph.D. (KPCO), and Sona Dimidjian, Ph.D. (University of Colorado Boulder)

 Role: Project Coordinator

 National Institute of Mental Health (R21 MH081723-01A1)

2012-2013 Scalable Partnering Network for Comparative Effectiveness Research

 Principal & Co-Investigators: Matthew Daley, M.D. (KPCO) and Elizabeth Bayliss, M.D.(KPCO)

 Role: Project Coordinator

 Agency for Healthcare Research and Quality (R01 HS19912-01)

2011-2013 Patient Reported Outcomes for Diabetic Peripheral Neuropathy (DPN)

Principal & Co-Investigators: Alyce Adams, Ph.D. (Kaiser Permanente Northern CA), Elizabeth Bayliss, M.D. (KPCO), and Christine Bredfeldt, Ph.D. (Kaiser Permanente Mid-Atlantic)

 Role: Project Coordinator

 Kaiser Permanente’s Center for Effectiveness and Safety Research

2010-2012 Translating the Naturally Occurring Retirement Community (NORC) Model to Address Health Gaps for LGBT Seniors

 Principal Investigator: Wendolyn Gozansky, M.D. (KPCO)

 Role: Project Coordinator

 Colorado Clinical & Translational Science Institute

2008-2012 Linking Self-Management and Primary Care for Diabetes

Principal & Co-Investigators: Russ Glasgow, Ph.D. (KPCO) and Diane King, Ph.D. (University of Alaska Anchorage)

 Role: Project Coordinator

 National Institutes of Health (R01 DK035524-21)

2009-2011 Denver Village: Wrapping Families with Community Support

 Principal Investigator: Michele Hanna, Ph.D. (University of Denver)

 Role: Graduate Research Assistant

 Administration for Children and Families Children’s Bureau

**Recently Submitted and Pending Projects**

October 2023 Efficacy of a Mobile Intervention Merging Yoga and Self-Management Skills to Improve Depression among Older Adult with Multiple Chronic Conditions and their Care-Partners

 Role: PI

Co-Investigators: Sheana Bull, PhD, Liz Goldberg, MD, Emmy Betz, MD, Katie Colborn, PhD, Arlene Schmid, PhD (CSU), Christine Fruhauf, PhD (CSU), Heather Leach (CSU), and Stacey Schepens Niemiec, PhD (USC)

 National Institutes of Health, NIA (1R01AG089082-01)

 Resubmission pending; Previously Scored = 38, percentile not listed

October 2023 Reach, Effectiveness, Adoption, Implementation, and Maintenance (RE-AIM) of Patient Portals for Post-Acute Care Transitions among Older Adults with MCC and their Care-Partners

 Role: Multiple PI with Karla Washington, PhD (Washington University)

 Co-Investigators: Russ Glasgow, PhD, Sheana Bull, PhD, Sarguni Sing, MD

 National Institutes of Health, NIA (1R01AG088150-01)

October 2023 A Telehealth-Based Tool for Rural Older Adults with Cancer and Cancer-Related Distress: CONNECT

 Role: Co-Investigator, Site PI

 PI: Marquita Lewis-Thames, PhD (Northwestern University)

 National Institutes of Health, NCI (R01)

November 2023 Advancing Methods to Identify Caregivers from Electronic Health Records to Recruit the Social Convoy into Clinical Intervention Research for Older Adults with Serious Illness

 Role: PI

Co-Investigators: Hillary Lum, MD, Lisa Shilling, MD, Katie Colborn, MD, and Susan Moore, PhD

 National Institutes of Health, NIA (1R34AG089183-01)

November 2023 Rehabbing with Peloton: Commercially Available Fitness mHealth for Cardiac Rehabilitation among Individuals Recovering from Transcatheter Aortic Valve Replacement

 Role: Multiple PI with Chris Knoepke, PhD

Co-Investigators: Russ Glasgow, PhD, Sheana Bull, PhD, Liz Goldberg, MD, Katie Colborn, PhD, Pam Peterson, MD (Denver Health), Dan Kramer, MD (BIDMC)

 National Institutes of Health, NHLBI (1R61HL169336-01A1)

 Resubmission pending; Previously Not-Discussed

July 2023 Efficacy of a group-based videoconference intervention to increase physical activity in cancer survivors.

 Role: Co-Investigator

 PI: Heather Leach, PhD, Colorado State University

 National Institutes of Health, NCI

 Score 44, 29th percentile

May 2023 Transforming Social Work Training Structures to Lead Palliative Care Research

 Role: PI

 Mentors: Jean Kutner, MD, and Barbara Jones, PhD, MSW

 Cambia Health Foundation, Sojourn’s Scholars Program

 Interview Round; Not Funded

April 2023 Silverline

 Role: Co-Investigator, Site PI

 PI: Alessandro Brassi, Eurocom

 European Commission (HORIZON-HLTH-2023-STAYHLTH-01)

 Not Funded

**PAPERS PRESENTED/SYMPOSIA/INVITED LECTURES/PROFESSIONAL MEETINGS/WORKSHOPS**

**University Related Presentations:**

**Portz, J.D.** (November 2023)Digital Palliative Care for Older Adults and their Caregivers. Division of Geriatrics Grand Rounds.

**Portz, J.D.** (October 2020)Developing Digital Health for Palliative and End-of-Life Care. Department of Medicine Research and Innovation Conference. <https://medschool.cuanschutz.edu/medicine/calendar/research-and-innovation-conferences>

**Portz, J.D.** and Bekelman, D. (October 2020) CASA: A Qualitative Study of Primary Palliative Care. University of Colorado Palliative Care Conferences (UC-PCC)

**Portz, J.D.** (November 2020). Social Convoy Palliative Care (Convoy-Pal) for Older Adults. University of Colorado Palliative Care Conferences (UC-PCC)

**Invited Presentations:**

**Portz, J.D.** (March 2023) Developing Digital Palliative Care for Older Adults and their Caregivers. Invited presentation at Kaiser Permanente Colorado Intuitional for Health Research Noon Seminar Series, Denver, CO.

**Portz, J.D** (July 2022) Leveraging Digital Health for Older Adults and their Caregivers. Invited presenter for Northwestern’s Pepper Center Grand Rounds. <https://www.feinberg.northwestern.edu/sites/cahra/pepper-center/>

**Portz, J.D** (March 2022) Panel: NIH Funding for Digital Health Palliative Care Research. Invited moderator for Palliative Care Cooperative Group Investigator Meeting. <https://palliativecareresearch.org/membership/member-meetings>

**Portz, J.D.** (March 2022) Opportunities for Enhancing Palliative Care via Digital Health. Invited discussant for the University of Utah NINR T32 Seminar in Cancer, Caregiving, Aging and End-of-Life Care. <https://nursing.utah.edu/research/post-doctoral-fellow>

**Portz, J.D.** Washington, K., Fischer, S., Lakew, A., and Demiris, G. (August 2020) Let's Get Digital: Digital Health Solutions for Your COVID-19 Research Contingency Plan. Invited speaker for Palliative Care Cooperative Group Webinar. <https://palliativecareresearch.org/research/investigator-support-information/idc-webinar-series>

**Portz, J.D.** (March 2020). *Harnessing Technology for Older Adults with Serious Illness and Their Caregivers.* Invited presentation at Kaiser Permanente Colorado Intuitional for Health Research Noon Seminar Series, Denver, CO.

**Portz, J.D.** (February 2020). *Digital Health Innovation for Palliative Care.* Invited speaker for Palliative Care Cooperative Group Webinar. <https://palliativecareresearch.org/research/investigator-support-information/idc-webinar-series>

**Portz, J.D.** (September 2019). *Applications of technology for social good-success stories and lessons learned.* Invited panelist for University of Denver’s Technology in the Quest for Social Good: Finding an Equitable Path Forward, Denver, CO.

**Portz, J.D.** (November 2018). *Patient Portals for Advance Directive Documentation among Older Adults with Multiple Chronic Conditions.* Invited presentation at Colorado State University Occupational Therapy Department’s Scholarship in Progress (SiP), Fort Collins, CO.

**Portz, J.D.** (October 2017) *High Impact Learning for Policy Practice at Colorado State University School of Social Work.* Invited presentation at the Council on Social Work Education Field Education Policy Initiative, Dallas, TX.

**Portz, J.D.** (November 2017). *Perceptions of Patient Portal Use for Advance Directive Documentation among Older Adults with Multiple Chronic Conditions.* Invited presentation at Kaiser Permanente Colorado Intuitional for Health Research Noon Seminar Series, Denver, CO.

**Refereed Presentations:**

**Portz, J.,** & Washington, K. (November 2023). Predictors Of Hospice and End-Of-Life Care: Geographic Location, Patient Portals, Nursing Home Care, And Home Health.[Symposia]. Gerontological Society of America Annual Scientific Meeting, Tampa, FL.

**Portz, J.D.,** Valdez, C., Fruhauf, C., and Schmid, S. A (October 2023). Mobile Intervention Merging Yoga and Self-Management Skills (MY-Skills Mobile) for Individuals Experiencing Symptoms of Long COVID. Poster to be presented at Symposium on Yoga Research, Stockbridge, Massachusetts.

Meza, F. Omeragic, A. Bletz, M. Viny, R. Johnson, D. Matlock, C. Knoepke, **J. Portz**, M. Ranney, M.E. Betz. (November 2023). *Firearm use and safety concerns among caregivers of community-dwelling U.S. adults with ADRD and firearm access: a qualitative study.* Poster presentation, National Research Conference for the Prevention of Firearm-Related Harms. Chicago, Illinois.

Castaneda, F. Omeragic, E. Greenway, M. Viny, R. Vianzon, R. Johnson, R. Peterson, S. Fischer, **Portz, J.D.** Matlock, C. Knoepke, M. Ranney, M.E. Betz. (November 2023). *Dementia and Firearms: Experiences of Caregivers Enrolled in a National Trial.* Oral presentation, National Research Conference for the Prevention of Firearm-Related Harms. Chicago, Illinois.

Wan, S., Powers, J.D., Campbell, E.G. Kutner, J.S., Knoepke, C.E., Portz, J.D. Association between Patient Portal Activities and End-of-Life Outcomes among Deceased Patients in the Last 12 Months of Life. (March 2023). Podium presentation at American Academy of Hospice and Palliative Medicine Annual Assembly, Vancouver, Canada.

Brubaker, J., Doyle, D., Paul, C., **Portz, JD,** Fischer, S., and Lum, H. (February 2023). Assessing support for digital legacy and end of life plans on online platforms: an environmental scan. Data Blitz presented at Palliative Care Research Cooperative Group Annual Investigator’s Meeting, Denver, CO.

Viny M, Greenway E, Omeragic F, McCarthy V, Castaneda M, Johnson R.L., Peterson R, Fisher S, **Portz J,** Ranney M.L., Matlock D, Knoepke C.E., Betz M.E. (May 2023) “Reaching Dementia Caregivers: Online Recruitment Strategies for a Firearm Safety Study.” American Geriatrics Society (AGS) Annual Scientific Meeting, Long Beach, CA.

Greenway E, Omeragic F, McCarthy V, Viny M, Johnson R.L., Peterson R, Fisher S, **Portz J,** Ranney M.L., Matlock D, Knoepke C.E., Betz M.E. (April 2023). “Recruitment Strategies on Enrollment in Alzheimer’s Firearm Safety Study.” Society for Advancement of Violence and Injury Research (SAVIR) Conference, Denver, Colorado.

Fox, A.L., Fruhauf, C. A., Schmid, A. A., **Portz, J.D.,** Sharp, J.L., Leach, H.J., & Van Puymbroeck, M., (November 2022).Experiencing Pain Together: Care Partners Reflect on a Dyadic Intervention for Pain Self-Management. In Latimer, A. (Chair) *The Many Voices of Care Partners Across the Continuum of Care* [Symposia]. The Gerontological Society of America Annual Scientific meeting, Indianapolis, IN.

Ingle, P., Kline, D., Plys, E., & **Portz, J.D.** (November 2022). Experiences With Apathy and mHealth Preferences Among Adults with Mild Cognitive Impairment. In Dobbs, D. (Chair) *The Landscape of Alzheimer’s Disease and Related Dementias Caregiver Communication Research.* [Symposia]. The Gerontological Society of America Annual Scientific meeting, Indianapolis, IN.

**Portz, J.D.,** Power, J.D, Baldwin, M., & Bayliss, E. (November 2022). How Can Patient Portals Support Caregivers Providing End-of-Life Care?: A Mixed-Methods Study. In Mroz, E. (Chair) *Meet the End-of-Life Care Experts: Insights from Former Caregivers of Older Adults Living with Serious Illness* [Symposia]. The Gerontological Society of America Annual Scientific meeting, Indianapolis, IN.

Fruhauf, C. A., Schmid, A. A., Fox, A.L., **Portz, J.D.,** Sharp, J.L., Leach, H.J., & Van Puymbroeck, M., (November 2022).Individuals and their caregivers with persistent pain: A feasibility and acceptability study. In G. Luong & C. A. Fruhauf (Co-Chairs) *Dyadic and Longitudinal Studies of Close Relationships: New Insights into Health and Well-Being Across Adulthood* [Symposia]. The Gerontological Society of America Annual Scientific meeting, Indianapolis, IN.

Leach HJ, Bryan AD, Fruhauf CA, **Portz JD**, Culos-Reed SN, Lancioni E, Crisafio ME, Fisher R, Motahari M. (May 2022). An adaptive physical activity maintenance intervention for cancer survivors. Accepted for poster presentation at the Colorado Pragmatic Research in Health Conference (COPRH Con), Virtual.

**Portz, J.D.** (April 2022). *How Can Patient Portals Support Caregivers of Patients Near the End-of-life?: A Mixed Methods Study* [Oral Presentation]. Social Work Hospice and Palliative Care Network, Santa Fe, NM.

Gornail, S. Bull, S., **Portz, J.D.** (April 2022).  *Supporting caregivers while they support loved ones: how can technology help?* [Poster Presentation]. Society of Behavioral Medicine, Baltimore, MD.

Fox, A. L., Fruhauf, C. A., **Portz, J. D.,** Van Puymbroeck, M., Sharp, J. L., Leach, H. J., & Schmid, A. A. (November 2021). *Development of a multi-modal, dyadic intervention for persistent pain: A qualitative study* [Poster Presentation]. Gerontological Society of America Annual Scientific Meeting, Phoenix, AZ.

**Portz, J.D.,** Powers, J.D., Baldwin, M., Bekelman, D.B., Casillas, A., Kutner, J.S., Bayliss, E. (November 2021). *Patient Portal Use Near the End-of-Life* [Poster Presentation]. Gerontological Society of America Annual Scientific Meeting, Phoenix, AZ.

Ingle MP**,** Valdovinos C**, Portz JD**. (October 2021). *Patient Portals to Support Palliative and End-of-Life Care: Scoping Review* [Poster Presentation]. UC Palliative Care Research Days. Aurora, CO.

Van Puymbroeck, M., Schmid, A.A., Fruhauf, C.A.,Fox, A.L., **Portz, J.D.,** Leach, H.J., & Sharp, J.L. (September 2021). *Exploring the Feasibility and Benefits of a Clinical Trial for Dyads with Chronic Pain* [Oral Presentation]. American Therapeutic Recreation Association, Cleveland, OH. <https://www.atra-online.com/page/ACON2021>

Van Puymbroeck, M., Fox, A.L., Fruhauf, C.A., **Portz, J.D.,** Sharp, J.L., Leach, H.J., & Schmid, A.A. (September 2021). *Use of a Qualitative Methods in the Development of a Multi-modal Intervention for A Clinical Trial for Dyads with Chronic Pain* [Poster Presentation]. American Therapeutic Recreation Association, Cleveland, OH. <https://www.atra-online.com/page/ACON2021>

Valdovinos C**,**Ingle MP**,** **Portz JD**. (May 2021). *Are patient portals used to support palliative and end of life care?* [Poster Presentation] American Geriatrics Society Annual Meeting. <https://meeting.americangeriatrics.org>

Schmid, AA., Fruhauf, C.A., Fox, A., **Portz, J.D.,** Van Puymbroeck, M., Sharp, J., Leach, H. (May 2021). *Feasibility, acceptability, and benefits of in-person yoga and self-management education for dyads who have chronic pain* [Poster Presentation]. Virtual World Congress on Pain.

**Portz, J.D.** (January 2021). Designing Human-Centered Digital Health Interventions for Older Adults with Serious Illness and Their Caregivers during COVID-19 Social Distancing. [Oral Paper Presentation]. Society for Social Work Research Annual Conference.

Fruhauf, C. A., Schmid, A. A, Prabu, N., Swink, L.A., **Portz, J.,** Leach, H., Hidde, M., Van Puymbroeck, M., Sharp, J., Fox, A., Gibson, B. (November 2020). *Challenges in recruiting caregiver and care receiver dyads for a randomized control trial* [Poster Presentation]. Gerontological Society of America Conference, Philadelphia, PA.

**Portz, J.D.,** Ford, K., Elsbernd, K., Plys, E., Bekelman, D.B., Boxer, R.S., Bull, S. (March 2020). *Elements of Family, Social Relationships, and Caregiving in Palliative Care mHealth: A Scoping Review* [Scientific poster presentation]. American Academy of Hospice and Palliative Medicine, San Diego, CA (conference cancelled)

**Portz, J.D.,** Ford, K., Bekelman, D.B., Boxer, R.S., Kutner, J.S., Czaja, S., Elsbernd, K., Bull, S. (March 2020). *mHealth for Geriatric Palliative Care: Provider Perspectives from Diverse Disciplines.* [Scientific poster presentation]. American Academy of Hospice and Palliative Medicine, San Diego, CA (conference cancelled)

**Portz, J.D.,** Ford, K., Elsbernd, K., Plys, E., Bekelman, D.B., Boxer, R.S., Bull, S. (March 2020). *Elements of Family, Social Relationships, and Caregiving in Palliative Care mHealth: A Scoping Review* [RAPid poster presentation]. AAHPM State of the Science, San Diego, CA (conference cancelled)

**Portz, J.D.,** Washington, K., Wallace, C.L., and Wladkowski, S.P. (March 2020). *The Dyad and Beyond: Identifying Effective Strategies for Promoting Family Caregiver* Communication [Symposia] Social Work Hospice and Palliative Care Network.

Massone, J., McHale, M., **Portz, J.D.,** Moore, S. (March 2020). *The Reliability of Telemedicine for Hospice Face-to-Face Recertification Visits: A Quality Improvement Project* [Oral presentation]. American Academy of Hospice and Palliative Medicine, San Diego, CA (conference cancelled)

Plys, E., Boxer, R., **Portz, J.,** & Bekelman, D. (February 2020). *“Everyone could benefit”: Integration of behavioral health into skilled nursing rehabilitation from the view of clinicians and administrators* [Poster Presentation]. Rehabilitation Psychology Conference, San Diego, CA.

Demiris, G., Washington, K., **Portz, J.D.** (November 2019). *Innovative Strategies to Support Older Adults and Their Families in Hospice and Palliative Care* [Symposia] Gerontological Society of America, Austin, TX.

**Portz, J.D.,** Fruhauf, C., Bull, Boxer, Bekelman, Casillas, A., Bayliss, E.A. (November 2019). *Call a Teenager… That’s What I Do!: Grandchildren Help Older Adults Use New Technologies* [Poster Presentation]. Gerontological Society of America, Austin, TX.

Casillas, A., Cemballi, A., Abhat, A., **Portz, J.D.,** Sadasivaiah, S., Ratanawongsa, N., Semere, W., and Lyles, C. (May 2019). *An Untapped Potential for an Invisible Economy in Primary Care? Making Patient Portals work for Caregivers in the Safety-Net*. [Poster Presentation] Society of General Internal Medicine, Washington, DC.

Schmid, A.A. Fruhauf, C.A., **Portz, J.D.,** Van Puymbroeck, M. (April 2019). *Yoga improves occupational performance, pain-related disability, and activities of daily living for people with chronic pain. Colorado State University, Department of Occupational Therapy* [Poster Presentation]. Knowledge Exchange. Fort Collins, CO.

**Portz, J.D.,** Ritchie, C., Pollak, K., Kutner, J. (March 2019). *How to be a Leader in Research: Opportunities with the Palliative Care Research Cooperative Group (PCRC).* [Oral Presentation] Social Work Hospice and Palliative Care Network General Assembly, Orlando, FL.

**Portz, J.D.,** Gibson, A., Wladkowski, S., Wallace, C. (March 2019). *Evaluating your Services: Guidance for Hospice and Palliative Care Providers* [Workshop Presentation]. Social Work Hospice and Palliative Care Network General Assembly, Orlando, FL.

**Portz, J.D.,** Cognetta, S., Bekelman, D. (October 2018). *Potential Health Technology for Geriatric Palliative Care* [Poster Presentation]. University of Colorado Palliative Care Research Days, Aurora, CO.

**Portz, J.D.,** Fink, R., Baily, A. (November 2018). *Interprofessional Education in Palliative Care: Improving Care for People with Serious* Illness [Paper Presentation]. Council on Social Work Education Annual Meeting, Orlando, Fl.

Rose, C. M., Schmid, A. A., Atler, K. E., **Portz, J. D.,** & Andrews, A. P. (October 2018). *Perceived Impact and Experience of Long-term Yoga Involvement for People with Chronic Pain* [Poster Presentation]. Symposium on Yoga Research, Kripalu Center for Yoga and Health, Stockbridge, MA.

Schmid, A.A., Atler K.E., Hinsey, K., Bolster, R. Willis, L., Van Puymbroeck, M., **Portz, J.D.** (May 2018).*Merging Yoga and Occupational Therapy (MY-OT) Improves Balance and Fall Risk Factor Management after Stroke* [Paper Presentation]. World Federation of Occupational Therapy, Cape Town, South Africa.

Schmid, A.A., **Portz, J.,** Fruhauf, C., Van Puymbroeck, M., Bair, M., Chop, C.A., Grimm, L.A. (April 2018). *Yoga improves occupational performance, pain-related disability, and activities of daily living for people with chronic pain* [Scientific Panel]. American Occupational Therapy Association Annual Conference, Salt Lake City, UT.

**Portz, J.D.,** Bayliss, E., Lum, H., Bull, S., Boxer, R., Bekelman, D. (March 2018). *Perceptions of Patient Portal Use for Advance Directives among Older Adults with Multiple Chronic Conditions: Implications for Social Work Practice* [Poster Presentation]. Social Work Hospice and Palliative Care Network Annual Meeting, Boston, MA.

**Portz, J.D.,** Bayliss, E., Lum, H., Bull, S., Boxer, R., Bekelman, D. (March 2018). *Perceptions of Patient Portal Use for Advance Directive Documentation among Older Adults with Multiple Chronic* Conditions [Poster Presentation]. American Academy of Hopsice and Palliative Medicine, Boston, MA.

**Portz, J.D**., Hafer, A., Eidmann, A., Baker, A., Mendez, V., Yuma, P., Schmid, A.A., (January 2018). *Enhancing Chronic Disease Self-Management through Yoga: Effects of Mindfulness and Self-Efficacy for People with Chronic Pain* [Poster Presentation]. Society for Social Work Research, Washington, DC.

Frounfelker, S. **Portz, J.D**., Zamzow, M., Shillington, A. (October 2017). *Engaging BSW Students in Advocacy Day.* Panel session presented at Council on Social Work Education Annual Meeting, Dallas, TX.

Turner, K. M., Schmid, A. A., **Portz, J. D.,** Hooper, B., & Provancha, A. F. (April 2017). *Development of occupation from the therapeutic activity of yoga.* Poster presented at Colorado State University Occupational Therapy Department Knowledge Exchange, Fort Collins, CO.

Atler, K., Schmid, A., Van Puymbroeck, M., & **Portz, J.D.** (March 2017). *Participants’ Perspectives of Merging Yoga and Group OT (MY-OT): A Qualitative Study of a Post Stroke Fall Risk Prevention Intervention.* Poster presented at the American Occupational Therapy Association Conference in Philadelphia, PA.

**Portz, J.D.,** Waddington, E.,and Holmquist-Johnson, H., Schmid, A.A. (January 2017). Staff Perspectives of Implementing a Yoga Intervention with Chronic Pain Self-Management in a Clinical Setting. Poster to be presented at the Society for Social Work Research Annual Conference in New Orleans, LA.

**Portz, J.D.,** Waddington, E.,Atler, K,Van Puymbroeck, M., and Schmid, A.A. (November 2016). Self-Management and Yoga for Older Adults with Chronic Stroke: A Mixed-Methods Study of Physical Fitness and Physical Activity. Paper to be presented at Gerontological Association of America conference in New Orleans, LA.

Schmid, A., Van Puymbroeck, M., **Portz, J.D.,** Fruhauf, C., Bair, M., Bolster, R., & Matthias, M. (November 2016). Chronic pain is associated with impaired balance and falls. *Archives of Physical Medicine and Rehabilitation*, 97(10), e116.

Schmid, A., Van Puymbroeck, M., Schmid, C., Atler, K. E., **Portz, J. D.,** Tracy, B. L., Hinsey, K. (November 2016). Merging yoga and occupational therapy (my-ot), a pilot study to improve balance and fall risk factor management. *Archives of Physical Medicine and Rehabilitation*, 97(10), e59.

Van Puymbroeck, M., Atler, K., **Portz, J.D.,** Willis, L., Phillips, C., & Schmid, A. A. (November 2016). Less neuropathy after yoga: Qualitative perspectives on improvements following an 8-week trial. *Archives of Physical Medicine and Rehabilitation*, 97(10), e39-e40. \*2nd Place Poster Award

Hinsey, K.M., Willis, L.A., Bolster, R.A., Van Puymbroeck, M., Tracy, B.L., **Portz, J.D.** Schmid, A.A., (April 2016). *Merging Yoga and Occupational Therapy, a pilot study to improve balance and fall risk factor management*. Paper presented at the American Occupational Therapy Association conference in Chicago, IL.

**Portz, J.D.** (January 2016). *Persuasive Features in Technology-Based Interventions for Older Adults with Chronic Diseases: A Systematic Review of the Literature.* Poster presented at the Society for Social Work Research Annual Conference in Washington D.C.

Farrel, D., and **Portz, J.D.** (January 2016). Analysis of Social Work Research Practice Behaviors for Students in a Hybrid Versus Traditional Classroom Model. Poster presented at the Society for Social Work Research Annual Conference in Washington D.C.

**Portz, J.D.** (November 2015). *Effectiveness of Web-Based Chronic Disease Self-Management for Older Adults: A Review of the Literature.* Poster presented at the Gerontological Society of America in Fort Lauderdale, FL.

Bolster, R.A., Schmid, A.A., Hinsey, K.M., Willis, L.A., Phillips, C.E., Atler, K.E., **Portz, J.D.,** Van Puymbroeck, M. (November 2015). *Yoga and group OT improves activity constraints and community reintegration for adults with chronic stroke: A pilot study.*Poster at Graduate Student Showcase, Fort Collins, CO.

**Portz, J.D.** (January 2015). *Health information technology and older adults.* Paper presented at the Society for Social Work Research Annual Conference in New Orleans, LA.

Boggs, J.M., **Portz, J.D.,** King, D., Wright, L.A., Grimm, C., Helander, K., Retrum, J.H., and Gozansky, W.S. (April 2014) *The Intersection of Ageism and Heterosexism: LGBT Older Adults’ Perspectives on Aging-in-Place****.*** Paper presented at the HMO Research Network Conference in Phoenix, AZ.

Wright, L.A., Grimm, C., Retrum, J.H., Helander, K., Boggs, J.M., **Portz, J.D.,** Gozansky, W.S. (April 2014). *Establishing an Aging-In-Place Model for the Lesbian, Gay, Bisexual, and Transgender (LGBT) Community: Lessons Learned from a Community-research Partnership****.*** Paper presented at HMO Research Network Conference in Phoenix, AZ.

Adams, A., Altschuler, A., Bayliss, L. Bredfeld, C., and **Portz, J.D.** (October 2014). *Identifying opportunities to improve diabetic peripheral neuropathy treatment outcomes using a patient-centered approach.* Paper presented at Kaiser Permanente Center for Effectiveness and Safety Research (CESR) Annual Meeting in Berkley, CA.

**Portz, J.D.** and Hanna, M. (November, 2012). *Implications of the Patient Protection and Affordable Care Act (PPACA) on older Americans: A social justice perspective.* Paper presented at the Council on Social Work Education Annual Meeting, Washington, DC.

Polsky S., Donahoo W.T. , Bayliss E.A., **Portz J.D.,** Elliott T.E., Funk K.L., Williams R.J., and Shainline M. (September, 2012). *Variability in bariatric surgery criteria in 11 U.S. centers*. Poster presented at the Obesity Society Annual Scientific Meeting, San Antonio, TX.

Bredfeldt, C., Bayliss, E., **Portz, J.D**., Karter, A. Moffet, H., and Adams, A. (June, 2012). *Challenges in assessing the quality of patient reported outcomes: Diabetic peripheral neuropathy*. Poster presented at the Academy Health Annual Research Meeting, Orlando, FL.

Grimm, K., Gozansky, W.S. Boggs, J., **Portz, J.D.** and Wright, L.A. (April, 2012). *Interviews to assess capacity for providing culturally competent services to GLBT older adults in Capitol Hill.* Poster presented at the Community Engagement Research Exchange, Denver CO.

King, D**.** and **Dickman, J.M.** (April, 2012). *What patients want: Relevant health information technology for diabetes self-management.* Poster presented at Annals of Behavioral Medicine Annual Meeting, New Orleans, LA

**Dickman, J.M.** and Hanna, M. (January, 2012). *Translating the NORC model to address health and social service gaps for GLBT seniors.* Poster presented at the Society for Social Work Research Annual Conference, Washington, D.C.

**Dickman, J.M.,** Glasgow, R.E (January, 2011). *Goal selection in diabetes self-management.* Paper presented at the Society for Social Work Research Annual Conference, Tampa, FL.

**Dickman, J.M.** (April, 2007). *End of life care in America: An analysis of hospice care policy.* Poster presented at the Massachusetts Gerontology Association, Boston, MA. [Recipient of the MGA Student Public Policy Poster Competition Honorable Mention Award]

**TEACHING:**

 **Year Semester Course No./Title Cr. Hrs. Enrollment**

Colorado State University

 *2018 Spring SOWK602B: Macro-Level Social Work Practice Research 3 19*

 *2017 Fall SOWK602A: Macro-Level Social Work Practice Research 3 19*

 *2017 Spring SOWK602B: Macro-Level Social Work Practice Research 3 24*

 *2016 Fall SOWK602A: Macro-Level Social Work Practice Research 3 24*

 *2016 Spring SOWK633: Advanced Practice: Social Welfare Policy 4 13*

 *2016 Spring SOWK602B: Macro-Level Social Work Practice Research 3 20*

 *2015 Fall SOWK602A: Macro-Level Social Work Practice Research 3 20*

 *2015 Spring SOWK602B: Macro-Level Social Work Practice Research 3 23*

 *2014 Fall SOWK602A: Macro-Level Social Work Practice Research 3 24*

 *2013 Fall SOWK602A: Macro-Level Social Work Practice Research 3 22*

University of Denver

 *2013 Fall-Spring SOWK4900-4901: Practice Evaluation Research 3 23*

 *2012 Fall-Spring SOWK4900-4901: Practice Evaluation Research 3 25*

 *2012 Fall SOWK444: SW Assessment and Intervention in Aging 3 25*

**Participation in Professional Development Activities Related to Teaching**

 Colorado State University, Graduate School Faculty Spring Retreat, participant, May 2016

**COMMITTEES**

T32 NIA Aging and Palliative Care Fellowship, Member, Executive Committee, January 2020- present

Student Affairs and Admissions Committee, CSU, School of Social Work, Chair, June 2016- Feb. 2018

Policy Curriculum Committee, CSU, School of Social Work, chair, August 2013-May 2017

Research Curriculum Committee, CSU, School of Social Work, member, August 2014-May 2017

Faculty Search Committee, CSU, School of Social Work, member, August 2016-2018

Research Committee, CSU, College of Health and Human Sciences, School of Social Work representative, August 2014-May 2016

MSW Student Association, faculty liaison, August 2014 - May 2016

Faculty Council, CSU, School of Social Work representative, August 2014 – May 2016

**PROFESSIONAL AFFILIATIONS AND ACTIVITIES**

**Membership in professional societies**

Association for Gerontology Education in Social Work (AGE-SW), member, 2016-present

AGE-SW Roundtables, Palliative Care lead, 2022-present

Palliative Care Research Cooperative Group (PCRC), member, 2016-present

PCRC Digital Health Special Interest Group, lead, 2018-2023

Social Work Hospice and Palliative Care Network (SWHPN), member, 2018-present

SWHPN Membership Committee, member, 2020-present

Gerontological Society of America (GSA), member, 2015-present

GSA Hospice and Palliative Care Special Interest Group, lead, 2020-2022

Society for Social Work Research, member, 2009-present

American Heart Association, junior faculty member, 2017-2019

Council on Social Work Education, member, 2009-2019

National Association of Social Workers, member, 2007-18

**Manuscript Refereeing**

 Journal for the Society of Social Work Research, Associate Editor, 2020-present

 Journal of American Geriatrics Society, ad hoc, 2023-present

 Journal for Medical Internet Research, ad hoc, 2019-present

 Journal of Palliative Medicine, Manuscript Refereeing, ad hoc, 2019-present

 JCO Oncology Practice, ad hoc, 2020

 Journal of Advanced Nursing, ad hoc, 2020

 Patient Related Outcome Measures, ad hoc, 2020

Circulation: Cardiovascular Quality and Outcome, ad hoc, 2019

Clinical Medicine Insights: Cardiology, ad hoc, 2018

Social Work in Health Care, ad hoc, 2015

**Grant Review Panels**

 NIH Clinical Management in General Care Settings (CMGC) Study Section, Cycle 2 Reviewer, 2022

 Weill Cornell Clinical Translational Science Center, Grant Reviewer, 2021

 PCRC Pilot Award, Grant Reviewer, 2018 and 2020

**OTHER ACTIVITIES/ACCOMPLISHMENTS – SERVICE/OUTREACH**

 Annual Social Work Palliative Care Conference, Steering Committee, member, 2013-present

 Techstars, Future of Longevity Accelerator, academic mentor, 2020-present

 Research and Evaluation Committee, Denver Hospice, member, 2013-2016

 SUSTAIN University-Community Research Partnership, member, 2010-2016